

## ENTRY FORM

### Personal information

Title: Mrs/Miss/Ms

First Name: .....

Surname: .....

Address: .....

.....Postcode: .....

Phone: Day ..... Evening: .....

Mobile: .....

Email: .....

Please advise us on any medical conditions: .....

.....

Emergency Contact Name ..... Tel. Number: .....

### Teams/Multiple Entries

Fill in this section if you are entering as a team and would like to be known by a 'team' name. **Even though you are in a team each person must enter individually by completing an entry form.**

Team name, if you have one.

If paying for multiple entries please ensure we have the name, full address, telephone number and T-shirt size of all entrants.

### Entry Fee

I enclose my entry fee of £20.00 (cheques made payable to Strathcarron Hospice)

T-shirt Size:  Small  Medium  Large  Extra Large

Please make sure you order the correct size as no exchange is possible

### Conditions of entry

I understand this walk is not a race and understand that walking along public highways at night is potentially hazardous. I am aware that the organisers, their employees and volunteers cannot be held responsible for any personal injury, accident, loss, damage or public liability.

I confirm I am in reasonable health and fitness. **I agree to raise a minimum of £30 sponsorship for Strathcarron Hospice.**

Entry forms that have not been signed will be returned.

Signed: .....

Please send your completed form (one per entrant) to:

**Strathcarron Hospice, Randolph Hill, Denny, Stirlingshire, FK6 5HJ**

### Debit/Credit Card Details

Please debit my:  Visa  Switch/Maestro  Mastercard  Delta

Card No: .....

Name on card: .....

Valid from: ..... Expires End: .....

Switch Issue No: ..... Security code



**“Here come the girls”**

**LADIES  
MIDNIGHT  
TIARA WALK**

**Saturday, 30th April, 2011 – Midnight  
Take to the streets of Stirling for a 5 or 10 mile  
sponsored walk in aid of Strathcarron Hospice**

**Contact the Fundraising Team on  
01324 826222  
www.strathcarronhospice.org**



Reg Charity No: SC006704

## For your information – please retain CONDITIONS OF ENTRY, RULES & REGULATIONS

- This event is open to women ONLY.
- Places are limited and entries are strictly processed in the order we receive them.
- **Closing date for entries is 18th April, 2011**, or sooner if all places are taken. Last year we had to turn walkers away as we had reached our registration limit.
- You must register for this event by completing the form on back of leaflet.
- **YOU CANNOT REGISTER ON THE NIGHT**
- One form must be completed for each person (photocopied forms are acceptable).
- You can pay by cheque – debit/credit card or online via our website.
- Please put your name and address on the back of your cheque. Please do not send cash in the post.
- All sponsorship money raised must be paid directly to Strathcarron Hospice. All sponsor forms must be returned with sponsor money.
- If you receive a place and for some reason cannot take part your place is not transferable. Please inform the fundraising department at Strathcarron Hospice.
- Your registration fee of £20 covers your T-shirt, tiara, breakfast, a hot drink, goody bag and medal. It secures your place on the walk and is non refundable. **Each entrant must agree to raise a minimum of £30 sponsorship for Strathcarron Hospice.**
- Minimum age of participants is 16 years of age.
- Anyone not completing the course must register their withdrawal from the walk with organisers at the starting point – Health and Safety regulations.
- Please complete Emergency Medical Information on reverse of Walk number.
- **Consumption of alcohol during the event is strictly prohibited.**

Further information on the walk can be found at:  
[www.strathcarronhospice.org](http://www.strathcarronhospice.org)

**Strathcarron Hospice**  
Randolph Hill , Denny, Stirlingshire, FK6 5HJ  
Tel: 01324 826222 • Fax: 01324 824576  
E-mail: [enquiries@strathcarronhospice.org](mailto:enquiries@strathcarronhospice.org)

## Come on Girls!

Take to the streets of Stirling on the stroke of midnight for a sponsored 5 or 10 mile walk in aid of Strathcarron Hospice.

Get your friends, family and colleagues together for a night out with a difference.

Starting and finishing at Stirling Rugby Football Club, this 5 or 10 mile sponsored walk will raise money in aid of Strathcarron Hospice, which cares for patients and their families in the Forth Valley, Cumbernauld and Kilsyth area who are facing the challenge of living with a life-limiting illness.

As the Hospice is not part of the NHS it needs to raise over £3 million each year from charitable activities to fund its services – £64,000 per week.

## Are you up for the challenge?

All we ask in return is that you try your hardest to seek sponsorship money from friends, family and colleagues (min. £30) to help raise funds for Strathcarron Hospice. Last year our walkers raised a staggering £300,000. Without this money our services could not have been sustained.

## Volunteers needed too!

Anyone that can help us marshal the course through the night should call 01324 826222 or complete the Volunteer Section below.

### Volunteers

If you know of any women/men who can help us on the night, please give their details – please obtain permission first

Name: .....

Address: .....

Postcode: ..... Tel: .....

Email: .....