

Important Information

Places are limited and entries are strictly processed in the order we receive them.

Closing date for entries is 23rd April, 2010, or sooner if all places are taken. Lasts year we had to turn walkers away as we had reached our registration limit.

You must register for this event by completing the attached form.

YOU CANNOT REGISTER ON THE NIGHT

- One form must be completed for each person (photocopied forms are acceptable). If you want to walk with friends please secure your places by sending your cheques in together.
- Please put your name and address on the back of your cheque. Please do not send cash in the post.
- If you receive a place and for some reason cannot take part your place is not transferable. Please inform the fundraising department at Strathcarron Hospice.
- Your registration fee covers your T-shirt, breakfast, a hot drink and medal. It secures your place on the walk and is non refundable. Each entrant will be expected to raise sponsorship (min. £30).
- Minimum age of participants is 16 years of age.

Anyone not completing the course must register their withdrawal from the walk with organisers at the starting point – Health and Safety regulations.

Consumption of alcohol during the event is strictly prohibited.

Further information on the walk can be found at:
www.strathcarronhospice.org

Strathcarron Hospice
Randolph Hill , Denny, Stirlingshire, FK6 5HJ
Tel: 01324 826222 • Fax: 01324 824576
E-mail: enquiries@strathcarronhospice.org



**“Here come
the girls”**



Saturday, 8th May, 2010 – Midnight

Take to the streets of Stirling for a 5 or 10 mile sponsored walk in aid of Strathcarron Hospice

Contact the Fundraising Team on

01324 826222

www.strathcarronhospice.org



Reg Charity No: SC006704

Come on Girls!

Take to the streets of Stirling on the stroke of midnight for a sponsored 5 or 10 mile walk in aid of Strathcarron Hospice.

Get your friends, family and colleagues together for a night out with a difference.

Starting and finishing at Stirling Rugby Football Club, this 5 or 10 mile sponsored walk will raise money in aid of Strathcarron Hospice, which cares for patients and their families in the Forth Valley, Cumbernauld and Kilsyth area who are facing the challenge of living with a life-limiting illness.

As the Hospice is not part of the NHS it needs to raise over £3 million each year from charitable activities to fund its services – £60,000 per week.

The entry fee is just £15 and every walker will receive a special Midnight Walk T-shirt, refreshments along the way, a medal for completing the walk, and a well-deserved breakfast at the finish line.

Are you up for the challenge?

All we ask in return is that you try your hardest to seek sponsorship money from friends, family and colleagues (min. £30) to help raise funds for Strathcarron Hospice. Last year our walkers raised a staggering £270,000 – can you do better? Without this money our services could not have been sustained.

MEN needed too!

Any men that can help us marshal the course through the night should call 01324 826222 or complete the Volunteer Section on entry form.

Personal information

Title: Mrs/Miss/Ms

First Name:

Surname:

Address:

.....Postcode:

Phone: Day Evening:

Mobile:

Email:

Please advise us on any medical conditions:

.....

Emergency Contact Name Tel. Number:

Teams

Fill in this section if you are entering as a team and would like to be known by a 'team' name. **Even though you are in a team each person must enter individually by completing an entry form – each entry form must be accompanied by its own individual cheque or payment.**

Team name, if you have one.

Entry Fee

I enclose my entry fee of £15.00 (cheques made payable to Strathcarron Hospice)

T-shirt Size: Small Medium Large Extra Large

Please make sure you order the correct size as no exchange is possible

Conditions of entry

I understand this walk is not a race and understand that walking along public highways at night is potentially hazardous. I am aware that the organisers, their employees and volunteers cannot be held responsible for any personal injury, accident, loss, damage or public liability.

I confirm I am in reasonable health and fitness.

Entry forms that have not been signed will be returned.

Signed:

Please send your completed form (one per entrant) to:

Strathcarron Hospice, Randolph Hill, Denny, Stirlingshire, FK6 5HJ

Debit/Credit Card Details

Please debit my: Visa Switch/Maestro Mastercard Delta

Card No:

Name on card:

Valid from: Expires End:

Switch Issue No: Security code

Volunteers

If you know of any women/men who can help us on the night, please give their details – please obtain permission first

Name:

Address:

Postcode: Tel:

Email: