

Conditions of entry.

£15 per person entry fee (inc. T shirt, food and drink).
Each team member must agree to raise a minimum of £30 in sponsorship for Strathcarron Hospice.

I enclose the sum of £120 (team of 8 entry fee)
(cheques made payable to Strathcarron Hospice)

Debit/Credit Card payments

Please debit my: Visa Switch/Maestro Mastercard Delta

Card No.....

Name on Card.....

Valid From.....Expires End / Issue No.....

Switch Issue No.....Security Code No.

Team T-shirt Sizes

Small x..... Medium x..... Large x..... Extra large x.....

Please send your completed form (one per team) to:

Strathcarron Hospice
Randolph Hill
Denny
FK6 5HJ

Tel. 01324 826222

Email angela.gillies@strathcarronhospice.org

Regd. Charity No SC006704

Strathcarron Hospice

brings you

Graham Fishers International

"It`s A Knockout"



Saturday & Sunday
28th & 29th August 2010
at
The Scottish Police College
Tulliallan, Kincardine

What do I need to enter a team ?

8 people to make up a team. The minimum age for a team member is 16 years old, but there`s no upper age limit. Team members should be reasonably fit and healthy, and prepared to get a bit wet....

Please understand, as with all physical activity, there is a risk of injury. Remember, warming up is very important.

Recommended...

We would suggest shorts, t-shirts and trainers or similar for games. We strongly recommend a change of clothing as you WILL get very wet !

Jewellery and valuables are best left at home and any body piercings covered with a plaster. Remember to protect your skin with sun tan lotion and drink plenty of water.

From here on in, it`s all

FUN FUN FUN !!

Team Information

Team name _____

Individual Team Names

1 (Captain) _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

Contact name, address and Tel. Number

Name _____

Tel. _____

Please advise us of any medical conditions.

Please complete back page